



Welcome to the 2023 Fifty Plus Course

The 50+ course is specifically designed for mature people who wish to combine practising their English with an extensive programme of visits, activities and excursions in the company of like-minded people from around the world.

Our Fifty Plus courses aim to:

- build your confidence in speaking English
- help you improve your understanding of spoken English
- show you the beautiful South East of England
- introduce you to different aspects of life and culture in the United Kingdom
- guide you around historic towns, villages, castles, parks and gardens
- allow you to meet new people and make new friends

Course dates

- students may book 2, 3 or 4 weeks. (Minimum stay 2 weeks.)
- 20 lessons/week (15 hours) in group classes + full social programme
- our course includes a full day excursion every Saturday. We recommend arranging departure on Sundays



Code	Dates	Weeks	Code	Dates	Weeks
FP1	08 May – 20 May	2	FP4	14 Aug - 26 Aug	2
FP2	22 May – 03 Jun	2	FP5	28 Aug - 09 Sep	2
FP3	05 Jun – 17 Jun	2	FP6	11 Sep – 23 Sep	2



Levels

Fifty Plus Courses - Elementary (A1/A2) to Advanced (C1)

Students may be offered the opportunity to join a morning General English group if this is more appropriate to their level of English and/or interests.

Eastbourne

Eastbourne, one of the sunniest towns in England, is an ideal location for a language holiday. On the south-coast of England just 90 minutes by train from London, Eastbourne is within easy reach of stunning countryside such as the white cliffs of Beachy Head and Seven Sisters and some of the most important historic sites in the last 1000 years of English history such as Lewes, Hastings and Battle.

The 50+ Sussex Experience social programme

ELC Eastbourne offers a unique and diverse social programme, accompanied by its teachers and designed to take students to places they may not normally get a chance to visit. Every week the social programme includes:

- 3 half-day events on from Monday to Friday in the afternoons
- 1 full-day guided excursion on Saturday

The programmes include some walking so we recommend flat shoes and a good raincoat.

Whilst we recognise that the programme may present problems for those with mobility difficulties, students with a range of disabilities have studied on the Fifty Plus course successfully. Our Policy on Admission for Students with Disabilities or Special Educational Needs is outlined here:

<https://www.elc-schools.com/policies>

While we make every effort to ensure the accuracy of the programmes, some locations and dates may be subject to change.



Fifty Plus · Social Programme 08 May – 20 May 2023

		AM	PM
Monday	08-May	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher
Tuesday	09-May	Lessons from 0900	
Wednesday	10-May	Lessons from 0900	Scenic Sussex - Sussex Villages and Beachy Head
Thursday	11-May	Lessons from 0900	
Friday	12-May	Lessons from 0900	Sussex Vineyard – tour, wine tasting and light lunch
Saturday	13-May	Hastings and Bodiam Castle	
Sunday	14-May	Free day	
Monday	15-May	Lessons from 0900	Sussex Sport – Croquet
Tuesday	16-May	Lessons from 0900	Sussex History – Michelham Priory and Berwick
Wednesday	17-May	Lessons from 0900	
Thursday	19-May	Lessons from 0900	Sussex Gardens – Bateman’s (home of Rudyard Kipling)
Friday	19-May	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	20-May	Sissinghurst and Scotney Castle	





Fifty Plus · Social Programme 22 May – 03 June 2023

		AM	PM
Monday	22-May	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher (Bank Holiday)
Tuesday	23-May	Lessons from 0900	Scenic Sussex – The Cuckmere and Beachy Head
Wednesday	24-May	Lessons from 0900	
Thursday	25-May	Lessons from 0900	Sussex History – Battle Abbey
Friday	26-May	Lessons from 0900	
Saturday	27-May	Standen House and Sheffield Park	
Sunday	28-May	Free day	
Monday	29-May	Lessons from 0900	Sussex Sport – Bowls
Tuesday	30-May	Lessons from 0900	Sussex Gardens – Nymans
Wednesday	31-May	Lessons from 0900	
Thursday	01-June	Lessons from 0900	Sussex History – Lewes and Anne of Cleves' House
Friday	02-June	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	03-June	Hever Castle and Gardens	





Fifty Plus · Social Programme 05 – 17 June 2023

		AM	PM
Monday	05-June	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher
Tuesday	06-June	Lessons from 0900	
Wednesday	07-June	Lessons from 0900	Scenic Sussex - Sussex Villages and Beachy Head
Thursday	08-June	Lessons from 0900	
Friday	09-June	Lessons from 0900	Sussex Vineyard – tour, wine tasting and light lunch
Saturday	10-June	Hastings and Bodiam Castle	
Sunday	11-June	Free day	
Monday	12-June	Lessons from 0900	Sussex Sport - Croquet
Tuesday	13-June	Lessons from 0900	Sussex Gardens – Chartwell (home of Sir Winston Churchill)
Wednesday	14-June	Lessons from 0900	
Thursday	15-June	Lessons from 0900	Sussex History – Rye by train
Friday	16-June	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	17-June	Wakehurst Place and Monk's House	





Fifty Plus · Social Programme 14 August – 26 August 2023

		AM	PM
Monday	14-Aug	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher
Tuesday	15-Aug	Lessons from 0900	
Wednesday	16-Aug	Lessons from 0900	Scenic Sussex - Sussex Villages and Beachy Head
Thursday	17-Aug	Lessons from 0900	
Friday	18-Aug	Lessons from 0900	Sussex Vineyard – tour, wine tasting and light lunch
Saturday	19-Aug	Hastings and Bodiam Castle	
Sunday	20-Aug	Free day	
Monday	21-Aug	Lessons from 0900	Sussex Sport – Bowls
Tuesday	22-Aug	Lessons from 0900	Sussex History – Rye by train
Wednesday	23-Aug	Lessons from 0900	
Thursday	24-Aug	Lessons from 0900	Sussex Gardens – Nymans
Friday	25-Aug	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	26-Aug	Sheffield Park and Monk’s House	





Fifty Plus · Social Programme 28 August – 09 September 2023

		AM	PM
Monday	28-Aug	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher (Bank Holiday)
Tuesday	29-Aug	Lessons from 0900	Scenic Sussex – The Cuckmere and Beachy Head
Wednesday	30-Aug	Lessons from 0900	
Thursday	31-Aug	Lessons from 0900	Sussex History – Herstmonceux Castle and Gardens
Friday	01-Sept	Lessons from 0900	
Saturday	02-Sept	Brighton by train, Pavilion visit	
Sunday	03-Sept	Free day	
Monday	04-Sept	Lessons from 0900	Sussex Sport – Croquet
Tuesday	05-Sept	Lessons from 0900	Sussex Gardens – Chartwell (home of Sir Winston Churchill)
Wednesday	06-Sept	Lessons from 0900	
Thursday	07-Sept	Lessons from 0900	Sussex History – Michelham Priory and Berwick
Friday	08-Sept	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	09-Sept	Standen House and Wakehurst Place	





Fifty Plus · Social Programme 11 – 23 September 2023

		AM	PM
Monday	11-Sept	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher
Tuesday	12-Sept	Lessons from 0900	
Wednesday	13-Sept	Lessons from 0900	Scenic Sussex - Sussex Villages and Beachy Head
Thursday	14-Sept	Lessons from 0900	
Friday	15-Sept	Lessons from 0900	Sussex Vineyard – tour, wine tasting and light lunch
Saturday	16-Sept	Sissinghurst and Scotney Castle	
Sunday	17-Sept	Free day	
Monday	18-Sept	Lessons from 0900	Sussex Sport – Bowls
Tuesday	19-Sept	Lessons from 0900	Sussex History – Lewes and Castle by train
Wednesday	20-Sept	Lessons from 0900	
Thursday	21-Sept	Lessons from 0900	Sussex Gardens – Bateman’s (home of Rudyard Kipling)
Friday	22-Sept	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	23-Sept	Petworth Park and Steyning	

