

Learning shouldn't stop when you leave the classroom – our Activity Programme for 50+ students is an integral part of your learning experience. You will put your language skills into practice with fun activities in the afternoon, evening and weekend, building confidence and making friends, as you explore London.

50+ English and Culture Programme - Example week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	 General English Lessons					Day Trip to Windsor Explore Windsor Castle, the oldest and largest occupied castle in the world, and stroll through the charming town.
Afternoon	Visit to the Victoria & Albert museum Explore the extensive collection of art and antiquities, offering a journey through world history.	Thames River Cruise from Westminster to Greenwich Enjoy a relaxing boat trip on the Thames, taking in iconic landmarks such as the Tower Bridge, the London Eye, and the Houses of Parliament.	Optional Activity Frances King Adult Activity Programme e.g. Horizon 22.	Royal Botanic Gardens, Kew Spend the afternoon in the beautiful Kew Gardens, home to a vast collection of plants from around the world.	Optional Activity Frances King Adult Activity Programme e.g. visit to a market.	
Evening	Free Evening 	Free Evening 	West End Show Attend a world-class theatre production in London's famous West End district.	Optional Activity Frances King Adult Activity Programme e.g. dinner in a Korean or Thai restaurant.	Free Evening 	

50+ English and Culture Programme - Example week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	 General English Lessons					Day Trip to Oxford Discover the historic city of Oxford, famous for its prestigious university and stunning architecture.
Afternoon	National Gallery Discover masterpieces from artists like Van Gogh, Da Vinci, and Michelangelo at the National Gallery in Trafalgar Square.	British Afternoon Tea Enjoy a special tradition of afternoon tea with finger sandwiches, scones, pastries and cakes, accompanied by a selection of teas.	Optional Activity Frances King Adult Activity Programme e.g. Newport Street Gallery.	Tower of London From the Crown Jewels to the infamous Tower ravens, experience history where it happened at iconic Tower of London.	Optional Activity Frances King Adult Activity Programme e.g. Bowling.	
Evening	Free Evening 	Free Evening 	Dinner on the River Thames Enjoy a traditional pub dinner overlooking the River Thames.	Optional Activity Frances King Adult Activity Programme e.g. dinner in a Korean or Thai restaurant	Free Evening 	



“I had an unforgettable week at Frances King. The 50+ English and Culture Programme is a very good combination of learning English, visiting London, and having fun with people from different countries around the world. I truly enjoyed it, and I recommend it to everyone.” Katharina Friedl, Germany